



# The Parkland Federation

Aim High, Work Hard, Dream Big

## *S'il vous plait - Please in French*



1st April 2022

Dear Parents and Carers,

Welcome to the final newsletter of Term 4. - We were delighted to be able to invite you all in to look at the children's work using our outside spaces and classrooms this week. We hope you enjoyed seeing the fantastic learning that has been going on in every year group. We know the children certainly enjoyed sharing! We are always so impressed with the resilience they show and are working so hard to catch up on missed learning. We have added a new section to our school website that includes lots of recorded phonics sessions with our teachers and Teaching Assistants so that children now have access to phonics learning at home as well as in school. If you think your child would benefit from these sessions, click on the following link which will take you directly to our Parkland Phonics Library. We hope you enjoy it! Have a wonderful break!

<https://www.theparklandfederation.com/our-phonics-library>





## EYFS

Much to the children's delight, we have been reading *The Gingerbread Man* this week! We have designed and described our own gingerbread people, written speech bubbles for the gingerbread man and we have designed our own gingerbread houses. This week we have even baked and decorated our own gingerbread people too! They were delicious! Our preparations for the Easter bunny have been in full flow too, as we have made our own beautiful Easter cards for our families. In maths we have been learning how to make number bonds to 10 and this week we have been learning all about capacity and whether different containers are full or empty! We hope your Easter baskets will be FULL on Easter Sunday! Congratulations to our Stars of the Week - Summer & Rupert (Kerr) Isla and Arlo (Inkpen) and also to our Dojo winners, Loxley & Milly (Kerr) Forrest and Connor (Inkpen).

## Year 1

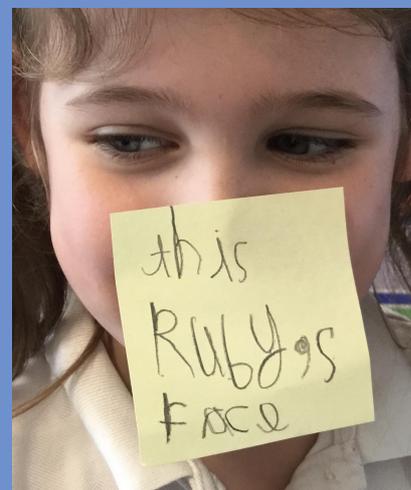
What an exciting final two weeks we have had in Year 1. The children have been hard at work learning about length and height where they have been doing lots of measuring. We used rulers to measure things all around the class. In DT, we have designed a felt applique square with many layers and brought the creations to life - such a creative group of children! Last Tuesday, we had a polar bear visit all the way from the Arctic along with a wonderful Greenpeace speaker, Evie. The polar bear told us about what we can do to help save the Earth such as recycling, using less water, electricity and taking extra care of the planet. Year 1 have been amazing this term... we hope you have a wonderful Easter! Congratulations to our Stars of the Week Hunter, Aurora & Orla (Donaldson) Riley and Aurora (Shireen) also to our Dojo winners Honey and Olivia (Donaldson) Ava and Thomas (Shireen).

## Year 2

In Year 2 over the last two weeks we have been learning all about how to write a set of instructions! After reading George's Marvellous Medicine (which we all found highly amusing), the children had to come up with their own ingenious concoction. We have had Joe's Jumping Juice, Evie's Toxic Tonic and Neve's Knitting Liquid. We had fun labelling things in our classroom using a possessive apostrophe!

In maths we have been learning about unit and non unit fractions. Big concepts we know! Why not practise sharing out Easter eggs at home and finding out fractions from your hunt with the children. They should be eggsperts!

Congratulations to our Stars of the Week Hannah & Katie (Santat) and Trisha & Skye (Beaty) - also to our Dojo winners Joe and Harrison (Santat) and Daniel & Zoe (Beaty),

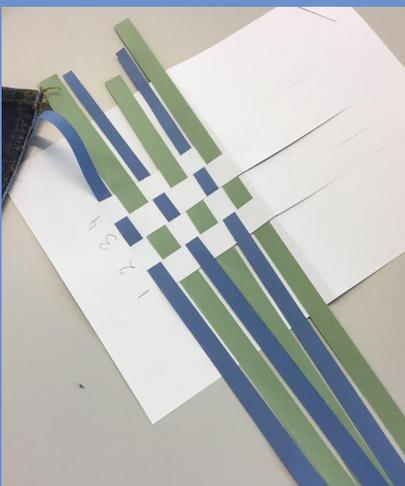


## Year 3

In PSHE we have been thinking about ways to keep both our body and mind healthy. We know that we should have at least an hour a day of physical activity! We have been challenging ourselves to improve our physical skills. For Science we have been developing our understanding of friction. We set up an investigation to see what materials would have most friction. The children thoroughly enjoyed observing and testing!

We have been busy building up our understanding of natural disasters. The children now have a wealth of knowledge that they have published in their own information page. Ask our resident experts about Extreme Earth!

Congratulations to our Stars of the Week Betheny & Lilliana (Harrison) & Louis & Abigail (Woodson) - also to our Dojo winners Ruby & Betheny (Harrison) & Zak & Lilly (Woodson)



## Year 4

Year 4 had a fantastic afternoon investigating the digestive system. Using a sandwich bag and a pair of tights, the children demonstrated how food travels through the body. Using a banana and some biscuits, the children churned up the food in a sandwich bag, demonstrating how the stomach muscles work. Once that was done, the children drained the excess water and then demonstrated how the food travels through the intestines, resulting in a rather interesting ending!

Year 4 has also been investigating rockets, finding out which rockets travel the best and whether the shape of the bottle affects the way it travels. We had a fantastic afternoon testing this out, launching some bottle rockets very high into the sky!

Congratulations to our Stars of the Week Ruben & Stephan (Blackman) Eden and Lily Fe (Walliams) - also to our Dojo winners, Carol & Annabelle (Blackman) Phoebe E and Lily Fl( Walliams)

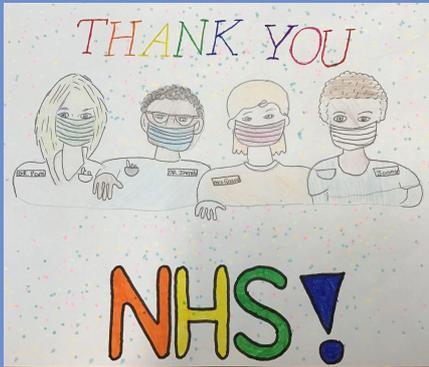
## Year 5

Year 5 had the the pleasure of a weaving workshop from Ismini from the Culture Cafe. She brought in her loom and showed the children how it worked. They also learnt how to plan their own designs in paper. The children went on to weave on their own mini looms.

We also had a fabulous school trip to Michelham Priory where we enjoyed a step back in time to the Anglo Saxon era. The children handled artefacts, walked through time and learnt to battle like Anglo Saxons. Later on, we performed a burial ceremony and had runes to decode. The weather was kind to us and all children had a most enjoyable day.

Congratulations to our Stars of the Week Thea and Tag (Wilson) and Riley and Jesse (Zephaniah), - also to our Dojo winners Lacey and Lucas (Wilson) and Sophia and Nakshatra (Zephaniah),

## Year 6



Year 6 have been busy again over the past two weeks working hard in preparation for the forthcoming SATs tests but have also been taking time to reflect on how other people's lives have impacted on own own.

They have learnt about Martin Luther King Jnr and Nelson Mandela and how these two people changed society through peaceful protests. They have also produced some amazing 'Thank You NHS' posters and discussed the importance of others in their everyday lives. Bravo, year 6!

Congratulations to our Stars of the Week - Ethan and Jacob M (Mian) Zarlish (Rosen) also to our Dojo winners - Harley and Lily (Mian), Annabelle and Lillith (Rosen)

## This week's attendance:

Excellent attendance at school allows a child to have the best possible start in life. All pupils should aim for at least **97%** attendance in order to ensure they do not miss out on their education.

Inkpen Class (YR) 94%	Kerr Class (YR) 95%	Shireen Class (Y1) 93%
Donaldson Class (Y1) 94%	Santat Class (Y2) 93%	Beaty Class (Y2) 94%
Harrison Class (Y3) 95%	Woodson Class (Y3) 94%	Walliams Class (Y4) 91%
Blackman Class (Y4) 90%	Zephaniah Class (Y5) 91%	Wilson Class (Y5) 93%
Mian Class (Y6) 94%	Rosen Class (Y6) 91%	The Highest Attendance Award goes to Kerr class and Harrison class. Super! !

## SCHOOL COUNCIL



## School Council Update

Our 'Citizen of the Fortnight' at the Junior School is Paige in Woodson class for always being kind, helpful and a good friend in and out of the classroom! Well done, Paige!

Our 'Citizen of the Fortnight' at the Infants is Daisy in Donaldson class for being a role model to the whole of the Infant school children. We are very lucky to have you!



## Eco Committee Update

Our **Eco tip** this fortnight is to take part in or do your own litter pick! This will support the **Keep Britain Tidy** campaign which started on 25th March and finishes on 10th April. You can help by doing either of the following:

- A local Beach Clean
- A litter pick of your local area (this can be in the street where you live or your local park)

We would love to see your pictures of how you are joining in and supporting this campaign, these can be sent to Mrs Walker ([kim.walker@swale.at](mailto:kim.walker@swale.at)) or Mrs Somers ([chloe.somers@swale.at](mailto:chloe.somers@swale.at))

As part of the campaign, the Eco Committee is planning on doing a litter pick of our local area early next term. We look forward to sharing our pictures and the amount of litter we pick up in the next Newsletter!



# Mental Health and Wellbeing Support



Swale  
ACADEMIES  
TRUST

CLICK  
HERE



on Safeguarding For Parents Curriculum Health & Wellbeing Remote Education

## Parent Coffee Morning - New Survey

A huge thank you to all of the parents who attended our two parent coffee mornings this week. We had guest speakers in from the Mental Health Support Team who focused on the two topics: '[How to Support your Child with Anxiety](#)' and '[Healthy Eating & Sleep](#).' The feedback from these was incredibly positive. Following on from the success of these groups, we would like to hear your views and opinions in order to provide further support. Please can you ensure you complete our [Parent Survey: Mental Health & Emotional Wellbeing](#). Your views and opinions are important to us and ensure we get our provision just right.

## Holding Space

Holding space is a wonderful local charity who are there to support the needs of parents. [Click here for the link to Holding Space](#) Please do browse their website for an abundance of information and courses. There is a useful 6 - week course starting on 19<sup>th</sup> April at 6.30-8pm. It will be held at Faraday House in Eastbourne. This focuses on parenting Tweens and Teenagers. Click on the link below if you would like to know more:

<https://holdingspace.onlineticketseller.co.uk/events/11566>

## Competition Winners - Year 6

Morrison's, Eastbourne Borough Council, Neighbourhood First and Environment First launched a competition across local schools in February where they invited children to **'show us your dreams for a better world through exploratory art'**

Winners were chosen by the Mayor on the 25th February and we were DELIGHTED to find out that we had two winning artists at Parkland. Congratulations to Lilia and Jasmine in Year 6. , Winning pictures have been put up on community bins around Eastbourne and outside the Town Hall. What stars!



## Looking After Each Other

At Parkland, we value the working partnership we have with all adults across our school community. We are lucky to have an incredible team of staff who are committed to making our schools an incredible place to learn. Please do remember to be polite and respectful to them as they go above and beyond on a daily basis. Thank you in advance for your support.



## Scientist of the Term

Congratulations to Mason in Year 3 Woodson class for being given this terms Science award in the Juniors. Mason impressed Mrs Blakiston with his enthusiasm for science and his thirst for knowledge. Mason is also a science ambassador. Bravo, Mason!

**SCIENCE  
STARS**



In the infant school we have got a Reception Scientist this term. Well done Beatrice from Kerr class, for giving lots of examples of things that grow this term.

**We hope to have some very exciting news about our Science Award next term. Watch this space.!**



## Year 4 Football Tournament at Eastbourne Borough

Sub-zero temperatures did nothing to deter the resilience of these fabulous Year 4 footballers! In a group of 8 teams, the side finished only one point away from the semi-finals!

We were incredibly proud of each and every one of these fine players, who represented their school incredibly well. Well done team, you were a delight to take to the tournament!



## Sports Person of the Term

Congratulations to our fabulous sports people of the term. A massive well done to Nya from the infant school and Isabella from the junior school. These pupils continue to demonstrate all of our school values and they are such fantastic role models to all pupils. Thank you and well done to our fantastic sports people!



*fabulous*

## School Uniform

A gentle reminder that we expect children to be in school uniform every day unless there is a Mufti Day or special event.

- A blue jumper or cardigan with the school logo.
- A white polo shirt (with or without the school logo).  
Black/grey trousers or skirts/pinafore dresses.
- Blue summer dresses.
- Black/grey/blue or white socks/tights.
- Black school shoes. These should be plain, flat and have no logos. Please note, trainers are not permitted.
- Hair accessories must be minimal and in school colours only.
- No jewellery is permitted, other than plain, single stud earrings.



[Website - Uniform Link](#)

# Computing Scholars

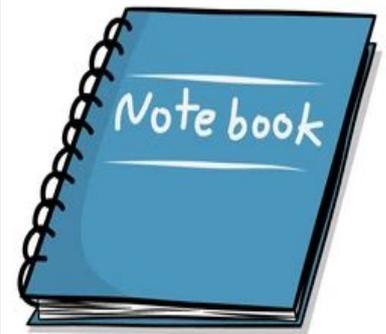


On Monday, a group of pupils had the opportunity to go to The Turing School to try code cracking with other schools in the Academy. The students had three different codes that they needed to crack within 10 minutes and all of the students managed to work out the hidden messages as well as writing some of their own. They all worked wonderfully together and were a credit to the school. Well done, everyone. What a great achievement!

# Important Dates and INFORMATION

## Diary Dates

By today	Please ensure you activate MCAS (My Child At School) App.
Class Photos deadline - Van Cols	If you wish to order your child's class photo and benefit from free postage back to the school, please ensure you order online with Van Cols by <b>7th April 2022</b>
Tuesday 19th April 2022	First Day of Term 5. Please ensure children return in full school uniform.



Thank you!



# What Parents & Carers Need to Know about FACEBOOK

AGE RATING  
**13+**

With 2.9 billion users, Facebook, owned by the recently rebranded Meta, is the world's most popular social media platform. It encourages interaction with other people by (among other things) adding them as friends, reacting to or commenting on their content, sharing images and videos, posting status updates, joining groups and playing games. Facebook is free, and anyone over 13 can join – but with no age verification, younger children can easily create an account: it's likely your child is already familiar with the platform, even if they don't yet use it themselves.

## WHAT ARE THE RISKS?

### ADDICTIVE NATURE

Facebook's quick reward cycle of likes and comments on shared posts can be hugely addictive. It encourages users to keep returning to post things and increases FOMO (the Fear Of Missing Out), which leads to people checking the app even more frequently and finding themselves endlessly scrolling through content.

### CYBERBULLYING

A 2021 Ofcom report found that around one in four UK 12–15-year-olds had been cyberbullied or trolled (intentionally antagonised online). On Facebook, this can happen through private messages (on Facebook Messenger); hurtful comments on their profiles and posts; pages or groups set up purposely to torment a victim; or exclusion from pages or groups.

### FUTURE IMPACT

Like most social media platforms, anything posted on Facebook leaves a permanent 'digital footprint'. This can have future consequences for young people: many universities and employers, for example, now review someone's Facebook timeline during the application process.

### CONTACT FROM STRANGERS

Just like in the offline world, there are people on Facebook with malicious intentions. Ofcom reports, for instance, that 30% of 12–15-year-olds have received a friend request from a stranger. This, sadly, can include individuals seeking to take advantage of impressionable youngsters.

### OVERSHARING

Facebook encourages you to post "what's on your mind", but children should be wary of revealing too much about themselves online. Users can give away their location by checking in or using Facebook Live, for example, while some photos can also be traced using file data.

### INAPPROPRIATE CONTENT

Facebook monitors and removes material like hate speech or extreme political views, while adverts on the platform are now forbidden from targeting under-18s based on their interests. Offensive content isn't always taken down instantly, however, so there's still a risk of children encountering it.

### VIDEOS AND STREAMING

Facebook Live lets users stream video live to their friends or watch others' broadcasts. Viewers can comment in real time, which is problematic to moderate. Short, user-created clips called Reels can now also be displayed on profiles and feeds. These video features could contain unsuitable material or allow children to be coaxed into doing something on camera that they wouldn't normally do.

## Advice for Parents & Carers

### KEEP ACCOUNTS PRIVATE

In the settings area, you can choose whether a Facebook profile is public or private. By far the safest option is to switch your child's to private, so they can only interact with people who they are friends with on the platform. Facebook's settings can also prevent your child's personal information (such as contact details, school name or date of birth) from appearing publicly.

### SAVVY SHARING

Make sure your child realises that what they share online with friends can end up being shared again by others. It's important that they think about what they share online and who they share it with. Facebook's Audience Selector gives users the option to filter who sees what they are sharing, whenever a status is updated, photos are uploaded or anything is posted.

### ENCOURAGE SAFE FRIENDING

Facebook can help your child to stay connected with the people and the things that they care about. However, it's important for them to understand that they should only accept friend requests from people who they know. The key questions to consider are "has your child met them in person?" and "do they know and trust them enough to feel comfortable accepting them as a Facebook friend?"

### RESPECT BOUNDARIES

Once you've talked about Facebook safety with your child, give them some space and trust them to make smart choices. Make it clear, however, that you're always open to discussing social media if they need to. In the early stages, you could occasionally review your child's social media activity with them to put your mind at rest – but take care not to become reliant on checking it every night.

### LEAD BY EXAMPLE

Let your child watch you using Facebook – this will demonstrate how it can be used safely and appropriately, reducing the risk of them encountering harmful content themselves. Teach them the habit of thinking before sharing anything online and try to follow the same rules that you set for them – so if you agree time limits on your child's Facebook use, then you should stick to them, too.

### BLOCK AND REPORT

On Facebook, you're able to report harmful content and block particular people or groups so they can't contact your child or view their profile. Before they start spending serious time on the platform, show your child how these features work and explain why they might need to be used. Facebook's Bullying Prevention Hub offers advice on dealing with harassment on the platform.

## Meet Our Expert

Alex Wright is a former Facebook employee and social media expert with more than 15 years' experience in digital media. He has worked with some of the biggest organisations on the planet and has a vast understanding of how social media platforms work and how they engage their audience.



**NOS** National Online Safety  
#WakeUpWednesday



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



@natonlinesafety



/NationalOnlineSafety

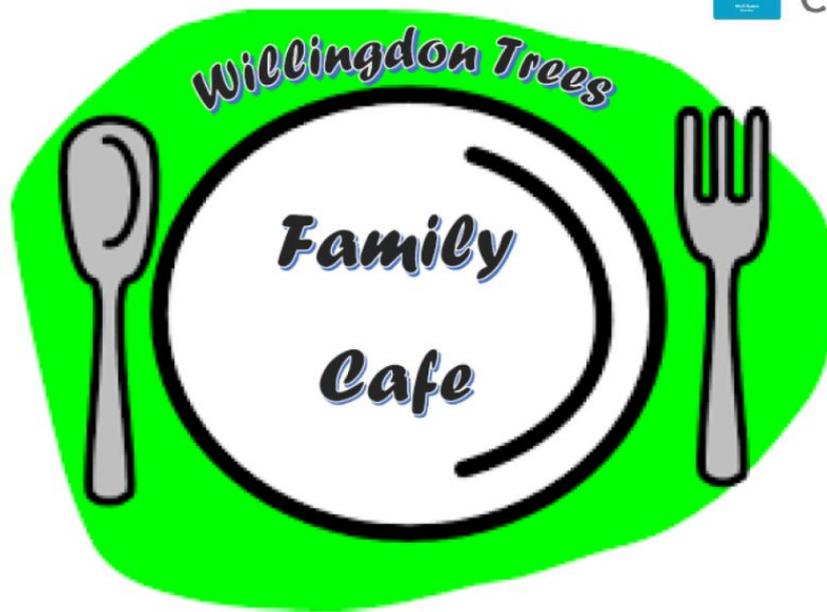


@nationalonlinesafety

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Supported by  
Co-op Members



Are you looking for FREE and FUN things to do  
with the children during the school holidays?

The Willingdon Trees Family Café is able to  
provide families with free lunch and play!

We are running 11am to 1pm on the following days  
during the spring school holidays:

Mon 4<sup>th</sup> April ~ Thurs 7<sup>th</sup> April

Mon 11<sup>th</sup> April ~ Thurs 14<sup>th</sup> April

Booking is essential as places are limited

Please contact Lisa, Hannah or Chelsea on:

01323 504438 or [eastbourne@sussexcommunity.org.uk](mailto:eastbourne@sussexcommunity.org.uk)

Willingdon Trees Community Centre

101 Holly Place, Eastbourne, BN22 0UT



Find us on  @Willingdon Trees Community  
[www.willingdontrees.org.uk](http://www.willingdontrees.org.uk)



# FAMILY FUN



**Family Fun Bouncy Castle £6.00**  
Wednesday 6<sup>th</sup> April  
10:00 - 12:00

**Family Racket Sports £6.00**  
Tuesday's 5<sup>th</sup> & 12<sup>th</sup> April  
12:30 - 14:30  
Wednesday's 6<sup>th</sup> & 13<sup>th</sup> April  
12:30 - 14:30

**Egg Hunt & Crafts Adventure**  
**£7.50**  
Thursday 14<sup>th</sup> April  
10:00 - 12:00

**Tennis Fun £6.00**  
Friday 8<sup>th</sup> & Monday 11<sup>th</sup> April  
10:00 - 12:00

**USA Dodgeball £6.00**  
Monday 4<sup>th</sup> April  
Tuesday 12<sup>th</sup> April  
10:00 - 12:00

**Little Tekkers Football £4.00**  
4 - 6 Yrs.  
Tuesday's 5<sup>th</sup> & 12<sup>th</sup> April  
16:00 - 17:00

**Football Fun: £6.00**  
Monday's 4<sup>th</sup> & 11<sup>th</sup> April:  
12:30 - 14:30  
Wednesday 13<sup>th</sup> April  
10:00 - 12:00  
Friday 8<sup>th</sup> April - 12:30 - 14:30

## SPORTS CAMPS

- SUPERVISED
- GAMES
- TOURNAMENTS
- 7 - 12yrs UNLESS STATED
- FROM £4 PER SESSION
- PRE-BOOKABLE

\*Family Fun Racket Sports are non-supervised, prepay & play! Activities available will be Table Tennis, Badminton & Short Tennis. This cost of £6 is per family of four.

\*Bouncy Castle Family Fun (children aged 3-8 yrs.) will be supervised but parents must stay the duration. Why not get involved with crafts making that will be set out too!

\*Easter Egg Hunt & Adventure will consist of Clue solving, Egg finding & Egg eating! Your child will be eating chocolate eggs. If your child has any allergies, please declare this directly to our staff on 01323 509859.

\*Tennis Fun sessions will be supervised, learning the basics of the game with fun drills, skills and matches along the way!

\*USA Dodgeball is all about Ducking, Diving, Moving, Catching, and Throwing! With our FOAM PVC coated Dodgeballs, every moment will be remembered in this fast-paced action sport & extremely fun session!

\* Football Fun sessions will run fun drills, skills, games, and tournaments

Hampden Park Sports Centre  
Brodrick Road  
Eastbourne  
BN22 9RQ  
01323 509859

 **sport**  
EASTBOURNE 

\*All dates are subject to change

[www.theparklandfederation.com](http://www.theparklandfederation.com)



FREE ENTRY

# SPRING & HOP!

WILLINGDON TREES  
COMMUNITY CENTRE

SAT 9TH APRIL

2PM TO 5PM



EASTER EGG HUNT - BBQ - CAFE  
FACE PAINTING - KITE WORKSHOPS  
BOUNCY CASTLE - HOOK-A-DUCK  
BONNET PARADE - TOMBOLA  
KIDS GARDENING & CRAFT  
CHOCOLATE TOMBOLA - LUCKY DIP  
MEET THE EASTER BUNNY

101 Holly Place, Eastbourne, BN22 0UT

Tel. 01323 504438 / [eastbourne@sussexcommunity.org.uk](mailto:eastbourne@sussexcommunity.org.uk)