



Inclusion Newsletter

Welcome to the last newsletter of this academic year! We really have had a busy year and we're sure the children are looking forward to a restful summer break.

This term, we have focused on supporting the children with transition to their next stage of learning and we hope they all feel excited about the new opportunities they will encounter. It has been a pleasure to support the children this year and to see them flourish into independent and resilient learners.

Thank you, as always, for your ongoing support. See you in September!

Point of Contact



As your child moves up through the school, your point of contact may change. We understand that it is important to have a good relationship with the staff members supporting your child and it also helps improve communication between parents and school.

In the first instance, your first point of contact should be your child's class teacher who should be able to advise and support you with any questions you may have about your child.

If you would like to speak to the SENDco of the school, please use the following:

Infant School: alexandra.jewell@swale.at

Junior School: rachel.moran@swale.at

Sensory Boxes

As you know, we are very fortunate to have a wonderful Sensory Room for children to access. This has benefited a variety of children this year. To support children within the classroom, we have decided to develop Sensory Boxes. From September, classrooms will be equipped with boxes that contain a range of ranges, from sequin pillows, to sensory spaghetti and massage rollers. Staff will receive additional training on sensory difficulties in order to support children further.





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Parkland Inclusion Parent Champion



Earlier this year, we sent out a flyer asking for volunteers to be our Parkland Inclusion Parent Champion. As the new academic year approaches, we are again asking for parents to come forward if they would like to shape the future of Inclusion at Parkland and help other parents to access support for themselves and their children. If you are interested in this exciting opportunity, please fill in [this form](#).

Inclusion survey

Each year we send out a number of parent surveys. These help us to capture your views and experiences about the support and provision in school and how we can improve SEND at Parkland.

We are always keen to hear your feedback and would welcome your views in our most recent survey. We would be grateful if you could take a few minutes to complete the following survey.

[Inclusion Survey](#)



SEND Parent Council and Inclusion Coffee Mornings

We look forward to seeing you at our SEND Parent Council meetings and Inclusion Coffee Mornings next year. These are a fantastic opportunity for you to meet other parents in the school and for you to contribute your views about SEND provision across the school.



Look out for dates in future newsletters.





The Parkland Federation

Aim High, Work Hard, Dream Big



Therapeutic Thinking

Therapeutic Thinking is a philosophy. It focuses on how all children and young people are to be supported, particularly in terms of their emotional wellbeing and mental health. It also helps to develop an understanding of how to respond to those who may be communicating through concerning behaviours. The Therapeutic Thinking approach is a school-led embedded ethos characterised by an inclusive culture, based on training and information that is underpinned by best practice, policy and plans.

Therapeutic Thinking will lead to:

- A common language and a joint approach that is followed by all professionals in East Sussex
- Schools and settings that provide a safe and welcoming environment for all parties, where mutual respect and dignity are deep-rooted
- An improvement in attendance and behaviours for learning
- An understanding of the inseparable link between teaching, learning and behaviour
- Improved staff confidence in meeting the needs of the children and young people
- A reduction in the need to positively handle or restrain
- The inclusion of children with difficult or concerning behaviours
- A reduction in the number of Fixed Term and Permanent Exclusions.

Miss Jewell and Mrs Moran recently attended a 3 day Therapeutic Thinking training course run by East Sussex County Council to learn about how we can implement this concept into The Parkland Schools and we hope that you will soon be able to see the effectiveness of this from next year.

You can't teach children to behave better by making them feel worse. When children feel better, they behave better.

- Pam Leo





Useful contacts

CLASS+

CLASS+ works across East Sussex to support families/carers of Autistic children and young people. Their aim is to provide guidance and training that enables families/carers to build their understanding of the strengths and challenges faced by Autistic children and young people and to develop greater confidence in how to support them.

Open for Parents

If you live in East Sussex and you're worried about managing your child's behaviour, supporting their development or their emotional wellbeing or you want support and advice to help build a positive relationship with your child, we can help.

Young Minds

Whether you want to understand more about how you're feeling and find ways to feel better, or you want to support someone who's struggling, we can help.

East Sussex Parent and Carer Council (ESPCF)

The ESPCF are often asked by ESCC to give their views on new policies and procedures so that the parent voice is heard within the Local Authority. In addition they offer coffee mornings, training sessions, information and advice.

East Sussex Local Offer

The East Sussex Local Offer is this website and a directory, which provide information about what support is available for children and young people with Special Educational Needs and Disabilities (SEND), and for their families.

