



4th December 2020

plf-office@swale.at

The Parkland Press!



The Parkland Federation Newsletter
Also available on our websites
Swale Academies Trust



Dear Parents and Carers,

We are absolutely delighted to have our Year 3 and Year 5 bubbles back from isolation this week and so far, we have had no further positive COVID-19 cases in school. This is great news! **Eastbourne is now in Tier 2 (High Alert)**, so please can we remind all parents that we need you to remain vigilant at all times and wear a face mask when on site. Please also keep a minimum distance of 2 meters away from others. It is **absolutely vital** that you adhere to the guidance for dropping off and picking up in order to protect our children, staff and their families. Please see the reminders below and thank you in advance for your cooperation:



- Please only arrive during your allocated time slot for drop off and collection. There should be no waiting
- Please keep a 2 metre distance between you and all other members of the school community whilst picking up and dropping off children
- Please can we now ask that all adults wear a face mask when dropping off and collecting
- Any member of the school community who tests positive must inform the school office immediately so that appropriate action can be taken swiftly
- Any households where there is a positive case of COVID-19 MUST isolate the entire household for the recommended number of days and SHOULD NOT attend the school site. All members of the household should be tested in order to ensure the school is correctly informed
- Please ensure that you are not waiting in the twitten (alleyway) as this is a thoroughfare. Waiting will mean people will need to pass you within 2 metres and causes unnecessary concern and risk
- Please be mindful that some members of our community have health concerns and the presence of COVID-19 amplifies these worries and increases risk. Please adhere to the above guidelines and recommendations to minimise this risk as much as possible.

GOOGLE CLASSROOM - REMINDER



If you need a reminder about how to access Google Classroom, please take a look at the video prepared by Mr Johnson at the start of lockdown. This video should answer any queries but if you do experience problems, please let the office know. Children in Years 1 - 6 will be set work this way should they not be in school due to a COVID - 19 related absence.

<https://parklandjunior.theparklandfederation.org/guide-to-google-classroom/>

PARENT INFORMATION VIDEO LINK

<https://vimeo.com/480740967/c4b3d6dc2b> - Welcome to our EYFS! Find out what goes on during the school day and how you can help at home to ensure the best possible education for your little ones! This video is aimed at our fabulous new EYFS families with children in Inkpen and Kerr Classes. Please do take a look if you haven't already had a chance.



WELCOME TO THE MAKATON SIGN OF THE WEEK

Each week, we will be bringing you a 'Makaton Sign of the Week'. Makaton uses signs and symbols to help people communicate. It supports the development of essential communication skills such as attention and listening, comprehension, memory, recall and organisation of language



and expression. In school, we use a lot of Makaton when we sing and when we talk to one another. In order to keep promoting and using Makaton, we will include a Makaton Sign of the Week for the children (and adults!) to learn and use. The lovely Mrs Deaves will model it for you. This week's sign is '**winner**' or '**champion**'.

Using your dominant hand (writing hand), make a fist and lift your arm so your hand is at the same height as your head. Move your fist in a circular motion in the air, say winner or champion at the same time.

Teacher/Staff Member of the Year Award 2021

Each year, the educational charity KM Charity Team/Inspire Schools stages the Sussex Teacher of the Year Awards. There are categories for every role from leaders, teachers and support staff to volunteers and teams. If you would like to nominate a member of our fabulous staff, please visit:

<https://www.kmcharityteam.co.uk/stoty/>



STEM CHALLENGE - DECEMBER 2020

STEM refers to Science, Technology, Engineering and Mathematics. We are going to set you a different STEM challenges every few weeks. You can email Mrs Carver (Science Lead) what you find out or tell your teacher. Here is your first challenge.



Can you guess what this is? Sometimes we don't know all the answers, it's all about the questions you ask. What would you ask about this picture? What do you wonder? Does it remind you of something? kate.carver@swale.at The answer will be in the next newsletter.

YEAR 3 AND YEAR 5 FLU IMMUNISATIONS

We are pleased to let you know the flu immunisations for Years 3 and 5 will take place on **Tuesday, 8th December 2020** in the morning. The NHS team will use the consent forms you have already completed. Obviously if there is an update you would like to relay to the Health team, then please let the Infant Office know.



CHRISTMAS NATIVITY DVDS - EYFS, YRS 1, 2 and 5

Nativity!

Preparations are in full swing for this year's school nativities. All children at the Infant School and Year 5 are rehearsing hard to deliver another wonderful treat for us. Unfortunately, this year we are unable to invite parents to the school to see the performances in light of covid. However, we will be filming the nativities and producing a DVD at a cost of £7.50. If you would like to purchase a copy or two, please place an order on parentpay by **14th December**. If you do order a copy we expect to be able to let you have this on the last day of term so that you can enjoy it with your families over Christmas.



ECO TIP OF THE FORTNIGHT

As you know, Parkland prides itself on being an Eco Friendly School. As Christmas approaches, we have been looking at how we can continue to be eco-friendly during this festive season! Our tip for this fortnight as we start to get organised with the Christmas Wrapping is to use **Recycled Wrapping paper** or **Fabric** to wrap all of your fabulous gifts! Remember that most foil type wrapping papers can not be recycled. Do check the labels if you are unsure!

COVID APP

In order to support research regarding how COVID-19 affects schools, all year groups at Parkland can now take part in this important study. To do so, please download the app COVID SYMPTOM TRACKER and register your child/children. You can link them to the appropriate year group bubble. The code for our schools is: **BAYKGBG** Once you are registered, you can set a daily reminder to report if your child feels well or if they have any symptoms. It takes less than a minute each day and will help support getting schools back to normality. There are also some useful snippets of information and updates on the app to keep you up to date.



EYFS LEARNING

Reception has been very busy over the past two weeks. Postman Amie sent us a letter to explain that she's been poorly and she needed our help to deliver her post. The children have been sending and delivering post and have been extremely busy! We have been reading 'The Jolly Postman' and learning all about his adventures around the town. The children then wrote their own questions for Amie and we've sent them off to her. We can't wait to hear what she says! Well done Reception for being such wonderful helpers!



YEAR 1 LEARNING

In Science, we have been learning about seasonal changes and the weather. In groups, we made our own rain gauges! We have placed the rain gauges in different places around the school grounds and we will be measuring the rain collected over the next week.

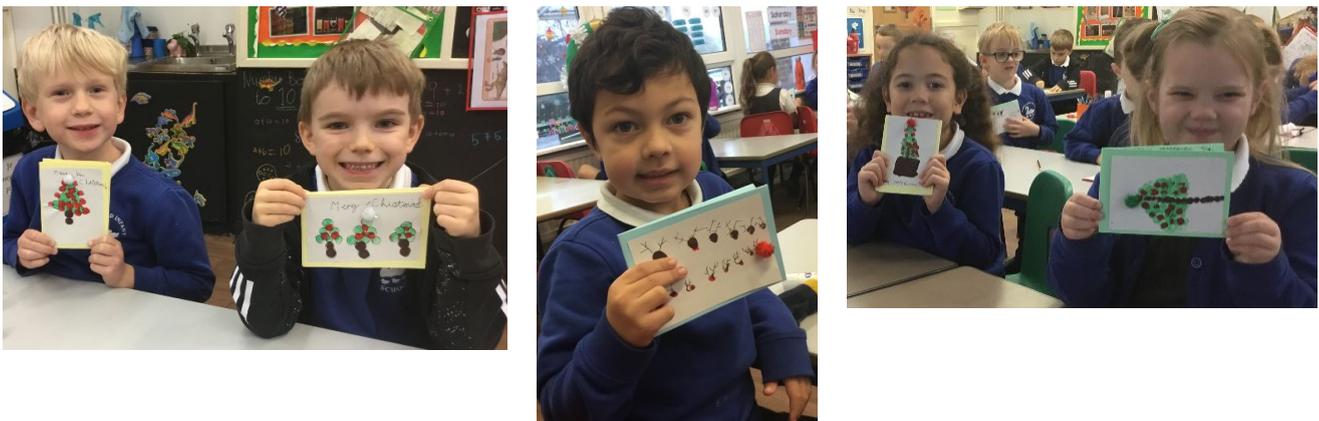


In English, we have been reading 'Cave Baby' by Julia Donaldson. This week, the children have changed part of the story... They began by creating a new setting background and used puppets to act out the story. By the end of the week, the children had written their new story. Miss Jewell and Mrs Blakiston have been blown away by the stories. We definitely have some budding authors amongst us in Year 1!



YEAR 2 LEARNING

Well done to EVERYBODY in Year 2 who have all done so well this week in our Phonics screening. The children have all worked incredibly hard and done us all proud. From one challenge onto the next, your amazing budding singers, actors and dancers have all been taking part in Christmas play rehearsals - and might I just say we think you are in for a treat! As we are all getting closer to the big C-day, we have decided to start Santa's workshop early, making cards and classroom decorations to get us into the Christmas spirit. Such talent!



YEAR 3 LEARNING

Home Learning in Year 3

We have had a very busy two weeks learning from home! Year 3 had the chance to complete some fun Science experiments and were able to make predictions as to what they thought was going to happen! We had a craft activity where we were able to show how a plant grows! We also had a special PE challenge! We pretended we were Disney characters and had to move just like them! As well as working really hard on our Home Learning, some of us took part in some activities around the house, such as some gardening! Above all, we were super excited to return to school on Wednesday! We are so proud of you Year 3! How resilient and versatile you are!



One of us has also got green fingers! We can't wait to find out what grows in the Spring!

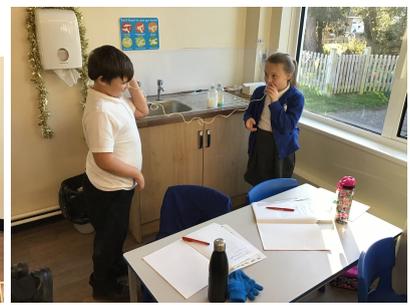
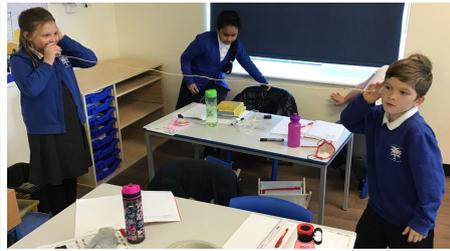
YEAR 4 LEARNING

Year 4 have been investigating different printing techniques in Art. This has been completed alongside our Ancient Egyptian topic and the children have been creating their very own cartouches. The children commented that they loved it and learned that some paints are better than others. It was good to use a range of different materials. Other children stated that they have learnt so much about different printing techniques and that different ones can be seen more clearly than others. Some children said that they have not done anything like it before and it made them feel adventurous. I am sure you will all agree that Year 4 has done a fantastic job with this - we are very proud of them!



Year 4 has also been learning all about hockey and have been finding out about different aspects of the game. They have been able to put all of these skills into practice in a small-sided game situation!





In Science, Year 4 has been investigating how sound travels and have done this by creating their very own telephones! The children then investigated what was the most effective way of communicating using their devices, and whether how tight the string was pulled had an impact upon how the sound waves travelled. A very enjoyable time was had by all during this investigation!

HOME LEARNING - YEAR 5



Year 5 worked very hard during their home learning time. They wrote some fantastic space poems, had the opportunity to do some baking with Mrs Rees and carried out an air resistance experiment with parachutes. They also wrote some lovely gratefulness letters to their friends and families and enjoyed sharing their

experiment with parachutes. They also wrote some lovely gratefulness letters to their friends and families and enjoyed sharing their

In The I.S.S

Going to the rocket I was feeling brave
I did not notice I would prefer to be in my grave
When I was waving goodbye
I saw something in the corner of my eye
He was small
And he was cool
I was going afar
I was definitely going to see a star
I was in the rocket going to space
Going to see NASA's space base

VIDEO SHOTS OF PARACHUTES IN ACTION!



suggestions for keeping a healthy mind and body. The children worked incredibly hard, and should be so proud of their work!

French is taught in every year group at Parkland. As part of our languages curriculum, we enrich this by linking to geography. Year 5 has the opportunity to explore something

important in French culture - why the Notre Dame Cathedral is such a special building, not just to the French, but to people worldwide.



YEAR 6 LEARNING

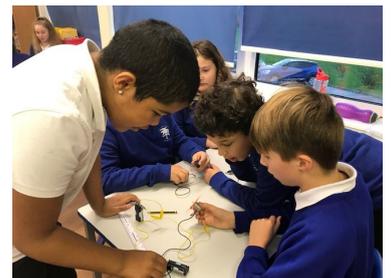


Over the past few weeks, Year 6 has been working incredibly hard (as usual). They completed their first set of mock SATS tests which really showed how much they have learnt and how well they are progressing. Their attitude and resilience was a real credit to them all.

In English, the children have also completed a piece of descriptive writing focusing on the wonderful world of Charlie's Chocolate Factory. Their use of figurative devices and a range of sentence structures was very impressive. In Maths, they have been adding, subtracting, simplifying, ordering and comparing fractions and have become far more confident in these skills. One child commented, "Fractions aren't scary when you know what to do!"

During art sessions, the children have had fun making their own models in the style of Henry Moore. Their end products really show how creative they are and we know they enjoyed the 'tissue paper' challenge enormously!

In science, Year 6 has continued to investigate different electrical circuits. The children can now explain which circuits are needed to create the brightest bulbs and the loudest buzzers. Great fun even if a little noisy!!



RAINBOW ROOM ACTIVITIES

Our lovely rainbow room children have been hard at work in the rainbow room making some delicious and tasty treats! What wonderful, delicious pizzas! I am sure you will all agree how tasty they look!



Parent Support Virtual Meeting - 9th December 2020 10am-12pm

Grab a cup of coffee and join us for our first **Virtual Parent Support Meeting**. Nobody said parenting was easy! We want to support all parents with any concerns, questions or worries they may have. Dawn Wingett, Family Liaison Officer and Rachel Moran, Deputy SENCO, will be available to discuss any issues you may have around behaviour, routines and anxieties in the home environment.

There are limited spaces so please book early to secure a place, if the session becomes full we will hold names on a priority list for our next session. Please email Dawn on dawn.wingett@swale.at to secure a place and receive a link to join the meeting.

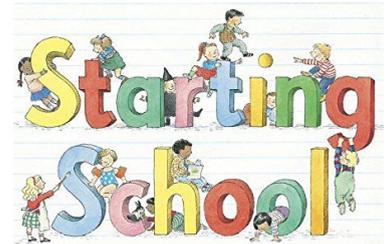


NEW TO RECEPTION AND YEAR 3 2021

Although we are unable to offer our usual tours of Parkland Infant and Parkland Junior School this year due to current COVID-19 Safety measures, we have prepared Virtual Tours that are posted on our website.

Please do follow the link below and have a look at the schools and the exceptional learning that takes place each day. If you have any questions about securing a place with us, please do get in touch. We will be happy to help:

<https://parklandjunior.theparklandfederation.org/welcome-to-the-parkland-federation/>



EYFS VISION SCREENING AND YEAR 1 CATCH UP

Just a reminder about our Vision tests are taking place for Reception children on **Thursday, 10th December** and for Year 1, a catch up session on **Friday, 11th December**.

If you do wish to opt out, then please see the information below:

Opting your child out of the Vision screening

If you do not wish your child to take part in the vision screening programme, please inform us as soon as possible: The School Health Service can be contacted Monday to Friday, 8.30am to 5pm. Phone: **0300 123 4062** Email: kentcft.esschoolhealthservice@nhs.net Web: www.kentcft.nhs.uk/essh



SPELLING FRAME YEARS 1 - 6

We will shortly be launching our online spelling support system - **Spelling Frame**. Watch this space!

CHRISTMAS SCHOOL DINNER - 18th December 2020

Our Christmas Lunch has been arranged for **Friday, 18th December**. If you would like your child to have Christmas lunch please use the link below to select your child's meal. There will be a choice of two main meals - Roast Turkey or Sweet Potato, Lentil & Spinach Wellington and a choice of dessert. **Please ensure that you complete the survey by Thursday, 10th December and** make your booking on parentpay so that we can advise the kitchen of how many meals to cook.



The lunch will cost £2.25 unless you are in receipt of free school meals or receive Infant universal free school meals. We thank you for your assistance and look forward to receiving your booking. Christmas jumpers/christmas mufti can be worn to ensure additional Christmas cheer at no extra cost! If you decide to opt out of the lunch then please provide a packed lunch.

<https://forms.gle/49dYyCMC8C8jHLM96>

CHRISTMAS CARDS IN SCHOOL



This year, we will need to do our Christmas cards in a slightly different way. Children are invited, if they wish, to write Christmas cards for those they share a bubble with. Unfortunately, we can not cross bubbles to deliver Christmas cards this year. Teachers will provide a special post box in their classroom for the children to post cards in. These should be brought to school no later than **Tuesday 15th December** so that they can be safely quarantined in the post box for a minimum of 72 hours. Teachers will hand these out on the final day of term.

LOCKDOWN AND FIRE PRACTISE

In order to keep children safe, we regularly carry out practise Fire Drills. The children have completed these brilliantly this week following a COVID safe protocol. They have also had a practice Lockdown Drill within their own class Pods. Every school has a Lockdown Protocol in preparation for any emergency event that may occur and that may mean the children need to be asked to remain quietly in their classrooms and out of sight. Teachers are specially trained for these potential events and the children have all been amazing! If you do have any questions about Lockdown or Fire Drills, please do email your class teacher, who will be happy to help.



CONGRATULATIONS TO OUR INFANT AND JUNIOR SCHOOL STAR ATTENDERS:



Infants: Donaldson - 98%

Juniors: Rosen - 98%

Please be aware the target for attendance is **ABOVE 97%** for all pupils. Our Attendance Officer will be in touch if we have any concerns over your child's attendance. Attendance information for all pupils is sent to East Sussex County Council regularly. For more information or to view our attendance policy, please visit the school website.

Congratulations to the following pupils

AWARDS OF THE WEEK AT PARKLAND INFANT SCHOOL

Class	Star of the Week and reason	Dojo Winner
Inkpen	Connor - for being such a wonderful role model and always following the rainbow rules!	Mackenzie
	Thomas - for working so hard on phonics and being such a kind friend.	Lillie
Kerr	Amelia - for working so hard in Phonics. I've been blown away by her improvement!	Arlo
	Hunter- for being such a lovely member of the class. He consistently follows the rules and is a real pleasure to teach!	Aurora
Shireen	Hannah- for coming into school happy everyday and trying really hard with her learning!	Amelia
	Nathan - trying really hard to speak out more in class and speaking clearly for his part on stage!	Pallavi
Donaldson	Victoria - for always following the Rainbow Rules and for being a delight to teach!	Harlie
	Caitlin - for being a fantastic friend to her peers! We are so proud of you Caitlin!	Stanley
Santat	Millie - for her incredible performance in our rehearsals for the Christmas play and being a team player	Mason
Dahl	Paige - for her Oscar-worthy performance during our play rehearsals!	Jayden
		Abigail

AWARDS OF THE WEEK AT PARKLAND JUNIOR SCHOOL

Class	Star of the Week and reason	Dojo Winner
Angelou	Grayson - For being really helpful but also looking after property within the classroom.	Jack
Jeffers	Carol - for her positive attitude and working so hard whilst at home!	Oscar
	Oliver - for continuing to work so hard in everything he does!	
	Dante - for his incredible new attitude to learning.	
Walliams	Zahraa - for her outstanding progress in Writing!	Rosie Kai
	Lewis - for all of his excellent work - what a superstar!	
Blackman	Scarlet - For her kindness and helpfulness in and out of the classroom!	Darren
	Amy - For her amazing work in Maths this week!	Nathyn

Lewis	Ebenezer - For his excellent home learning work and dedication. Freya - For always working hard and trying her hardest to show confidence through the rehearsals.	Harry
Zephaniah	Archie - for spending dedicated hours on Google Classroom James - for working so hard, both in written work and play rehearsals.	Kyle Coby
Mian	Raphael - for always working hard and listening. Georgia - for always following the Rainbow Rules.	Zainab James
Rosen	Lucas J and Aimee-Leigh - for your fantastic descriptive writing.	Hasan Summer



SKILLS BUILDER PARTNERSHIP

The Parkland Federation is taking part in a new scheme called the `Skills Builder Programme`. This programme focuses on developing 8 key skills that are essential for building confidence and self esteem for all children. The key skills are

as follows:-

- Listening Speaking Problem Solving Creativity Staying Positive
Aiming High Leadership Teamwork

For the past few weeks, we have been focusing on the listening skill. This skill included how to listen attentively, the importance of not interrupting and how to concentrate while listening. Certificates were awarded to the following children who showed excellent listening skills .Well done!

Year 1	Lola and Olivia Victoria Trisha Amelia Mason
Year 2	Frankie, Logan, Mia, Ava. Aleksandr Isobel and Kian
Year 3	Lauren and Annabelle
Year 4	Bridie and Rosie, Kai , Zahraa, Elsie and Issac
Year 5	Ana ,Freya and Harley
Year 6	Kayla, Gabby T, Gaby C, Besiya, Nathaniel, Chelsie, Matilda, Preston and Raphael

WELLBEING FOCUS OF THE FORTNIGHT

Family life plays such an important role in the wellbeing of both children and parents. Parents spending good quality time with their children can be very effective in boosting wellbeing. Children's wellbeing centres on time with a happy, stable family, having good friends and plenty of things to do, especially outdoors. Developing a strong sense of wellbeing can help teenagers manage the challenges of the developmental years and be a protective factor against mental health issues. Wellbeing is important for the whole family to develop and is



something you can work on together. This is essential now more than ever. Our next recommendation is:

GIVE TO OTHERS: Research suggests that acts of giving and kindness can help improve your mental wellbeing by:

- ★ creating positive feelings and a sense of reward
- ★ Giving you a feeling of purpose and self worth
- ★ Helping you connect with others

You could choose small acts of kindness towards other people, or larger ones like volunteering in your local community to support those less fortunate who are in need.

PARENT SUPPORT

Holding space is a local organisation that provides support to parents, families and children who are experiencing mental health issues. Parents can contact Holding Space directly for more information about their sessions which include walk and talk and weekly parent support group meetings.



PARENT SUPPORT GROUP

Holding Space

Are you caring for a child who is struggling with their mental health? You are not alone.

Join us for our friendly parent support group where we offer a safe, non-judgmental, confidential space for you to come together, be supported, share and chat with like-minded people. Everybody is welcome!

Every Wednesday
9.30AM - 12.30PM

Langney Community Library,
Langney Shopping Centre,
Eastbourne BN23 7RT

Please get in touch for more info:

contact@holdingspace.org.uk 07922 851207

www.holdingspace.org.uk @EastbourneHoldingSpace



Willington Trees Community Volunteers

Coronavirus Help Point

Are you self-isolating and need help?

ARRANGING DELIVERIES PICKING UP SHOPPING & MEDICATION A FRIENDLY PHONE CALL POSTING MAIL URGENT SUPPLIES HELP TOPPING UP ELECTRIC OR GAS KEY

Our team of volunteers are here to support you!

Telephone: 01323 504438
Text: 07796869347 or 07920526216
E-mail: eastbourne@sussexcommunity.org.uk

Willington Trees Community Centre, 101 Holly Place, Eastbourne, BN22 0UT

In partnership with
HM Government | THE NATIONAL LOTTERY COMMUNITY FUND

MEMBER OF 3VA EASTBOURNE SUSSEX COMMUNITY FOUNDATION

TESCO Bags of Help



TIER 2

HIGH ALERT

FROM 2 DEC

MEETING FRIENDS AND FAMILY <p>No mixing of households indoors, apart from support bubbles. Maximum of six outdoors.</p>	BARS, PUBS AND RESTAURANTS <p>Pubs and bars must close, unless operating as restaurants. Hospitality venues can only serve alcohol with substantial meals. Venues must stop taking orders at 10pm and must close by 11pm.</p>	RETAIL <p>Open.</p>	WORK AND BUSINESS <p>Everyone who can work from home should do so.</p>
EDUCATION <p>Early years settings, schools, colleges and universities open. Childcare, other supervised activities for children, and childcare bubbles permitted.</p>	INDOOR LEISURE <p>Open.</p>	ACCOMMODATION <p>Open.</p>	PERSONAL CARE <p>Open.</p>
OVERNIGHT STAYS <p>Permitted with household or support bubble.</p>	WEDDINGS AND FUNERALS <p>15 guests for weddings, civil partnerships, wedding receptions and wakes; 30 for funerals.</p>	ENTERTAINMENT <p>Open.</p>	PLACES OF WORSHIP <p>Open, but cannot interact with anyone outside household or support bubble.</p>
TRAVELLING <p>Reduce the number of journeys you make and walk or cycle if possible. Avoid busy times and routes on public transport. Avoid car sharing with those outside of your household or support bubble. Avoid entering a Tier 3 area, other than where necessary such as for work or education. Further exemptions apply.</p>	EXERCISE <p>Classes and organised adult sport can take place outdoors, but cannot take place indoors if there is any interaction between people from different households. Organised activities for elite athletes, under-18s and disabled people can continue.</p>	RESIDENTIAL CARE <p>COVID-secure arrangements such as substantial screens, visiting pods, and window visits. Outdoor/airtight visits only (rollout of rapid testing will enable indoor visits including contact).</p>	LARGE EVENTS <p>Sport, live performances and business meetings limited to 50% capacity or 2000 people outdoors (whichever is lower) and 50% capacity or 1000 people indoors (whichever is lower)</p>

Find out what support you can get

For example, if you're out of work, need to get food, or want to take care of your mental health.

[gov.uk/coronavirus](https://www.gov.uk/coronavirus)

If you have any coronavirus symptoms:

A high temperature • A new, continuous cough
A loss of, or change to, your sense of smell or taste.

Get a test and stay at home

For more information and detailed guidance visit:
[gov.uk/coronavirus](https://www.gov.uk/coronavirus)

